It’s Fete Night!
Hopefully we’ll see you all there!

Raising resilient Children Workshop: On Wednesday night around fifteen parents and visitors came along to this very “informative and thought provoking” (parent comment) presentation. Sara Phillips, from Mindful Parenting Mindful Coaching, spoke to our parents about building resilience, connection and positive communication with our kids. As both a parent, and principal, I found the presentation and suggestions for dealing with children very useful, and from a school’s point of view, very affirming for how we deal with students under our care. Some other parent comments after the meeting include: “Absolutely brilliant”, “Sara’s workshop was both rewarding and refreshing and I enjoyed learnings some new strategies to help in the valuable role of parenting”, and “It was helpful to think about encouraging independence that will help resilience.” I would like to thank our regional Parent Assembly Organiser, Peta Rourke, and our school Parent Assembly rep, Danielle de Silva for organising the workshop. Thanks also to dad Ben Barker from Slice Food Co for donating the delicious supper. If you missed the workshop and would like to know more about parenting skill, please contact Sara at www.mindfulparentingmindfulcoaching.com

Yesterday we had our final Joeys Juniors kinder orientation day for this year. While the students enjoyed a mini treasure hunt, their parents came along to our Information Meeting. At this meeting I was able to announce that the new Kinder teacher for next year will be Mrs Kristan Nichols, who has accepted a temporary teaching contract for 2017. Kristan is currently teaching at Holy Family Primary School in Parkes and is moving to the area with her family to join her husband who is already working in the area this year. We are very excited to have Kristan at our school and I am sure she will fit in beautifully in our school community. Other staffing announcements, including teachers for the various classes, will be made in the coming weeks once final arrangements have been made.

Kind Regards, David Hughes (Principal)

ROAD SAFETY AND WHEELCHAIR BASKETBALL PROGRAM
On Wednesday the Primary classes were visited by Rick from Wheelchair Sports NSW. Rick talked to the children about road safety and the consequences of taking risks on the road, disability sport & living with a disability. Rick himself was in a wheelchair and had a spinal disability through birth. Rick could explain first-hand what life is like living in a wheelchair. The children then had a game of wheelchair basketball to give them a taste of wheelchair sport (something they probably have never done before) plus an idea of what it is like to be in a wheelchair, if only for a short time! The presentation was very thought provoking and fun at the same time. Sonya Steep
The Prayer of Resilience

Dear Lord,
Thank you for the challenges in life that help to build my strength.
Thank you for the times when my lack of resources reminds me of the value of resourcefulness.
Thank you for the mysterious people who confound, frustrate and annoy me, teaching me patience and the art of forgiveness.
Thank you for the difficult path that only I can walk, the challenging problems that you have prepared for me to solve and the purpose that you have for my life.
Thank you for the moments of courage that you give me so that I can live a life of meaning, not comfort.
Thank you for the moments when I am aware of my many faults, not so that I can wallow in guilt, but so that I can tap into your grace and mercy.
Thank you for sending others to support me, building my resilience and teaching me to hold on to what is good.
And I pray that when I am in darkness, I will be looking to the light that comes from You
Amen

CRAZY SOCK DAY

On Wednesday 23rd November wear a pair of crazy socks to school and bring in a gold coin donation to help support people living in poverty in Cambodia. All donations will be sent to the Catholic Mission.

FETE PHOTOS WILL APPEAR IN NEXT WEEK’S NEWSLETTER!